

# SHER ALLERGY SPECIALISTS

A Division of Florida Pediatrics Association, LLC  
11200 Seminole Blvd., Suite 310, Largo FL 33778  
(727) 397-8557

Patient's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**INSTRUCTIONS: Please answer the questions as they relate to the person being evaluated. A complete, accurate Record is important in learning about your allergy problem.**

**1. Briefly, describe the reason for your allergy visit and what you hope to accomplish:**

\_\_\_\_\_

\_\_\_\_\_

**2. PROBLEMS: Have you ever had the following problems or conditions:**

Yes	Check all items that apply	Age at onset	Severity Mild, Moderate or Severe
	Asthma		
	Any other breathing problems		
	Sinus trouble		
	Hay Fever (Nasal Allergies)		
	Hives or swelling		
	Eczema or other rashes		
	Frequent infections		
	Insect reactions		
	Latex allergy		
	Metal allergy		

**3. DRUG/MEDICATION/IMMUNIZATION ALLERGIES & INTOLERANCES:**

List all drug allergies and the reactions (hives, rash, nausea, vomiting, diarrhea, difficulty breathing, etc.)

1. \_\_\_\_\_ 4. \_\_\_\_\_
2. \_\_\_\_\_ 5. \_\_\_\_\_
3. \_\_\_\_\_ 6. \_\_\_\_\_

**4. MEDICATIONS (INCLUDING OVER-THE-COUNTER):**

MEDICATION NAME	STRENGTH	DAILY FREQUENCY	MEDICATION NAME	STRENGTH	DAILY FREQUENCY
1.			6.		
2.			7.		
3.			8.		
4.			9.		
5.			10.		

**5. MEDICAL HISTORY (HAVE YOU EVER BEEN DIAGNOSED WITH) CHECK ALL THAT APPLY**

<input type="radio"/> Anemia	<input type="radio"/> Diabetes Type 1 or Type 2:	<input type="radio"/> Irritable bowel syndrome	<input type="radio"/> Osteopenia/Osteoporosis
<input type="radio"/> Anxiety	<input type="radio"/> Fibromyalgia	<input type="radio"/> Jaundice/liver disease	<input type="radio"/> Pneumonia/Lung disease
<input type="radio"/> Arthritis Osteo or Rheumatoid	<input type="radio"/> Glaucoma	<input type="radio"/> Kidney disease	<input type="radio"/> Prostate problems
<input type="radio"/> Atrial fibrillation	<input type="radio"/> GERD/heartburn	<input type="radio"/> Low back pain	<input type="radio"/> Seizures/Epilepsy
<input type="radio"/> Bleeding Disorder	<input type="radio"/> Heart attack	<input type="radio"/> Migraines/Headache	<input type="radio"/> Sleep Apnea
<input type="radio"/> Cancer What kind?	<input type="radio"/> Heart disease	<input type="radio"/> Menopause	<input type="radio"/> Sleep disturbances
<input type="radio"/> Cataracts	<input type="radio"/> Heart failure	<input type="radio"/> Menstrual irregularities	<input type="radio"/> Thyroid disease
<input type="radio"/> Colon Polyps	<input type="radio"/> High blood pressure	<input type="radio"/> Neuropathy	<input type="radio"/> Ulcers
<input type="radio"/> Depression	<input type="radio"/> High cholesterol	<input type="radio"/> Obesity	<input type="radio"/> Urinary incontinence

Other:

**6. SURGICAL HISTORY** (List any surgeries or procedures you have had performed)

Procedure	Date	Procedure	Date
1.		4.	
2.		5.	
3.		6.	

**7. HOSPITALIZATIONS** (List ANY hospitalizations):

WHY?	Date	WHY?	Date
1.		4.	
2.		5.	
3.		6.	

**8. FAMILY HISTORY:** Please indication if your blood relative (s) have had/currently have the following:

Family Member	Alive	Deceased	Year of birth/age	Asthma	Allergic Rhinitis/Hay Fever	Food Allergy	Drug Allergy	Diabetes	Hypertension/High blood pressure	Heart Disease	Mental Illness	Unknown
Mother												
Father												
Son(s)												
Daughter(s)												
Sibling(s)												

**9. REVIEW OF SYSTEMS CHECK ALL THAT APPLY**

<input type="checkbox"/> Fatigue	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Weakness	<input type="checkbox"/> Irregular heartbeat
<input type="checkbox"/> Fever	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Fainting	<input type="checkbox"/> Abdominal pain
<input type="checkbox"/> Disordered Sleep	<input type="checkbox"/> Bruising	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Joint pain
<input type="checkbox"/> Weight Changes	<input type="checkbox"/> Bleeding	<input type="checkbox"/> Depression	<input type="checkbox"/> Constipation
<input type="checkbox"/> Muscle pain	<input type="checkbox"/> Urinary urgency	<input type="checkbox"/> Urine frequency	

**10. BIRTH HISTORY:** PLEASE COMPLETE THE FOLLOWING FOR DEPENDENT CHILDREN UNDER 18 YEARS OF AGE.

Place of birth: \_\_\_\_\_ Age of mother at birth: \_\_\_\_\_

Was pregnancy normal? \_\_\_\_\_ If no, please specify reason: \_\_\_\_\_

Was delivered by: C-Section -or- Vaginal Patient was: Formula fed -or- Breastfed

**11. MARITAL STATUS:**  Married  Single  Widowed  Separated  Divorced

Number of Children: \_\_\_\_\_

**12. RESIDENCE:** LIST YOUR PAST RESIDENCES WITH YOUR MOST RECENT FIRST. LIST ONLY CITY AND STATE.

City & State	How long?	Symptoms better?	Symptoms worse?	No change

**13. WORK ENVIRONMENT:**

What type of work do you do? \_\_\_\_\_ Where are you employed? \_\_\_\_\_  
Is your work environment:  Carpeted?  Tiled?  
Are you exposed to chemicals or strong odors or anything that might aggravate your condition? \_\_\_\_\_  
If yes, please specify: \_\_\_\_\_

**14. SCHOOL ENVIRONMENT:**

What school do you attend? \_\_\_\_\_  
What grade? \_\_\_\_\_  
Have you missed school because of your allergies? \_\_\_\_\_ How many days in last year? \_\_\_\_\_  
Do you feel extra-curricular activities have been affected by your condition? \_\_\_\_\_

**15. ENVIRONMENTAL SURVEY:**

Approximate age of house: _____	How old is your Pillow? _____ Mattress? _____
Are any rooms damp or musty?	Is your pillow: <input type="radio"/> feather <input type="radio"/> foam rubber <input type="radio"/> Dacron <input type="radio"/> encased in plastic <input type="radio"/> other: _____
Type of heating? (Electric, gas, central, etc.?)	Is your mattress: <input type="radio"/> innerspring <input type="radio"/> foam rubber <input type="radio"/> waterbed <input type="radio"/> encased in plastic <input type="radio"/> other: _____
Do you have: <input type="radio"/> air cleaner <input type="radio"/> Air dehumidifier	Are your sheets washed in: <input type="radio"/> cold <input type="radio"/> warm <input type="radio"/> hot
How often do you change/clean your air conditioner and air cleaner filters?	Do you have any: <input type="radio"/> Stuffed furniture <input type="radio"/> Feather comforters <input type="radio"/> Stuffed animals
Is the home: <input type="radio"/> carpeted <input type="radio"/> tiled	Do you have any pets? (List number and kind)
Is the bedroom: <input type="radio"/> carpeted <input type="radio"/> tiled	Other: _____

**16. SOCIAL HISTORY:**

Have you ever smoked?  Yes  No If yes, how many years? \_\_\_\_\_  
Do you presently smoke?  Yes  No If no, when did you stop? \_\_\_\_\_  
Average cigarettes per day at highest point? \_\_\_\_\_  
If you still smoke, do you think you could stop? \_\_\_\_\_  
Do you or family members smoke: In the house? \_\_\_\_\_ In the car? \_\_\_\_\_  
Which other family members now smoke? \_\_\_\_\_  
  
Do you drink alcohol?  Yes  No If yes, list type \_\_\_\_\_  
Average weekly consumption? \_\_\_\_\_  
  
Do you consume caffeine?  Yes  No If yes, how many caffeine drinks do you consume in a day? \_\_\_\_\_  
  
Do you use drugs other than for medical reasons?  Yes  No If yes, list type \_\_\_\_\_